



The Sweet Milk makes them Perfect

Besides the perfect blend of flours and purest baking powder, Aunt Jemima's Pancake Flour contains just the right amount of sweet milk in powder form.

You save the price of a quart of milk on every package you buy.



Nights of Sleep vs. Nights of Agony

Verdict Favors D. D. D.

It is foolish to lie awake all the long night through with that intolerable itching caused by itching and the coming of the day. D. D. D. Prescription is made for you if you are a sufferer. It will cool that hot, inflamed and itching skin, you will be able to rest at night, awake in the morning refreshed and life will be won, and you will know it will do all these things, as we have testimonials from many sufferers right among your neighbors. Try a bottle and you will not regret it. Come in today.

D. D. D. For 15 years the Standard Skin Remedy

O'Donnell's Drug Stores. Advertisement.

Barrington Hall The Bakerized Coffee

In the new Pul-Vo-Drip Grind.

A delight to those who want the best and actually costs less per cup than ordinary coffee at 30c.

You have tasted coffee in some leading hotel, as clear as wine, full flavored, delicious. The Pul-Vo-Drip method is the hotel method adapted to home use.

Pul-Vo-Drip Barrington Hall will produce for you that same quality of coffee 80 cups to the pound. Possibly double the amount you get now.

Barrington Hall Coffee is sold regularly at 40c in pound tins. Pul-Vo-Drip Pot at \$1.10 each.

Introductory Price
A pound of this splendid coffee and a pot \$1.10 for both.

At all grocers.

BAKER IMPORTING COMPANY

116 Hudson Street New York.



HEADACHES

Thousands of men and women suffer from headaches every day. Other thousands have headaches every week or every month, and still others have headaches occasionally, but not at regular intervals. The best doctor is often unable to find the cause of many of these headaches, and in most other cases, knowing the cause, he does not know what will relieve them. It is to give a permanent cure. All he can do is to prescribe the usual pain relievers, as usual, and treat the headache returns as usual, and the results are again unsatisfactory. If you suffer from headaches, no matter what their nature, take anti-kamnia tablets, and the results will be satisfactory in the highest degree. You can obtain them at all druggists in any quantity, 10c worth, 25c worth or more. Ask for A-K Tablets.

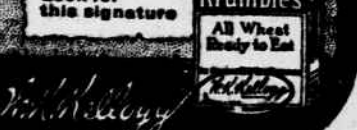
SICK-HEADACHES

Sick-headache, the most miserable of all ailments, loses its terrors when A-K Tablets are taken. When you feel an attack coming on take two tablets, and in many cases the attack will be checked off. During an attack take one A-K Tablet every two hours. The rest and comfort which follow can be obtained in no other way. Genuine A-K Tablets bear the A-K monogram. At all druggists—Advertisement.

Serve Krumbles

with cream, milk (cold or hot), or fruit juice. It is delicious with sliced bananas or peaches.

10c
Look for this signature



Experienced Advertisers Prefer The Star

Of interest to Women

BLACK SATIN COATS FOR AFTERNOON WEAR.

BY ANNE RITTENHOUSE.

Special Correspondence of The Star.
NEW YORK, October 2.—The instance in France last summer upon the one-piece frock and topcoat of soft fabric, as a substitute for mannish coat suits, is having influence over here.

The American woman will not unwisely if she discards the cloth coat.



BLACK SATIN STREET COAT, BY BERNARD, WHICH IS MADE WITH FULL SKIRT, SLIM BODICE AND COORED POCKETS AT THE SIDES. IT IS LAVISHLY TRIMMED WITH BELGIAN HARE.

and skirt with a simple shirt waist, which has always meant so much to her in the way of suitable costume, but there is no reason why the majority of women cannot have both the coat suit and the ornate topcoat.

There are few of us who have not one-piece frocks which can give service on the street as well as in the house if a wrap is provided that has no kinship with the ones that are intended for the opera and the dance.

Heretofore women have hesitated to

make frequent use of thin, one-piece frocks on the street, because the kind of topcoat needed for the occasion was for the most part fur coats. There always have been plenty, but, except in certain latitudes, the long, heavy coat of peltry cannot be worn in this country except as an occasional garment. It serves admirably for the motor and for all kinds of adventures in the open, but it is too heavy for the woman who walks, and usually too warm for the woman who lives in a moderate climate.

On the other hand, the severe short coat was not the kind of garment one wished to put over a delicate gown or embroidered chiffon, crepe de chine or georgette crepe. Therefore the ornamental coat of dress seems to be of exactly the right time, and if it does not become popular among American women there must be some judgment against it which is not clear at the outset.

Built Like Redingotes.

The satin coat which France sends to us and which American designers are rapidly copying is an enveloping garment that can be worn as a frock whenever one wills. It is as long as the average skirt and is lavishly trimmed with fur at the hem or with ornamental machine stitching that is in imitation of the ecclesiastical embroidery which half covers the new French gown. The front is lapped over or fastened in such a manner that it hides whatever gown there is beneath, or the lack of one. There is always a girlish or below the waist line, or one of those ubiquitous cravat belts that are as near an approach to a medieval cord as our artistic ideas permit.

The top part is slim, sometimes covered with machine stitching or soutache, and, again, quite plain, and, therefore, quite smart, for there is no question but that we shall become exceedingly wearied of the floriated designs in braiding and stitching.

One of the garments from the house of Bernard which has created a ripple of satisfaction in this country is a black satin redingote coat which most of the buyers brought over and which is readily obtainable in many shops today.

It is made of a heavy quality black satin that has actual warmth in it. The body part is almost Victorian in its snug fit and simplicity. The skirt is full at the sides, and there is an adaptation of the Watteau idea in wide openings at the hips, which are corded and made to stand out from the figure.

Bullox tries out this idea also in a dinner gown to which he gives the name of Watteau, and it is one of the few ways of ornamenting the hips which we tolerate, as well as the use of the wrists and shoulders, are lavishly trimmed with lapin, which is the name the French give to Belgian hare. The American designers have used various kinds of peltry, especially imitation beaver and minkskin, which have rushed their way to the forefront because of the alleged scarcity of genuine pelts.

THE DAILY MENU.

BREAKFAST. Cereal. Bacon and Eggs. Coffee.

LUNCHEON. Cream Potato Soup. Wafer. Cheese Sandwiches. Cookies. Coffee.

DINNER. Tomato Bisque. French Fried Potatoes. Steak. Baked Corn. Lettuce. Cup Custards. Coffee.

GRAPE RECIPES.

Grape Jelly.

Jelly from ripe grapes is prepared in this way: Mash the grapes and heat them until the juice runs. They must be heated very slowly. Then strain through a colander and then drip through a jelly bag. Measure the juice and allow a pound of sugar to a pint of juice—which is the same as a pint to a pint. Melt the sugar with the juice and boil rapidly for thirty minutes. Try by dropping a little on ice and if thick enough pour into jelly glasses.

Grape Juice.

Mash the grapes gently and put them in a crock. Heat them gradually, either by standing the crock in water or by placing it in the oven. Then pour the grapes through a double cheese-cloth bag and let drip. Do not squeeze or the juice will be cloudy. To every pint of juice add a cup of sugar and heat just long enough to dissolve the sugar thoroughly. Bottle while boiling hot in sterilized bottles.

Tomato Bisque.

Stir one quart of stewed tomatoes with a half teaspoonful of soda for half an hour. Boil half a gallon of fresh milk, add to it a quarter pound of butter, pepper and salt. Mash the tomatoes through a colander and stir them into the boiling milk; add a teaspoonful of rolled crackers; serve immediately. If the milk is put into the tomatoes it will curdle.

Home-Made Cream Puffs.

Cream puffs are a dessert that can be served in many different ways. That is to say, the cook that masters the making of cream puffs can, with the same mixture, make many different sorts of dessert. Here is a recipe for the puff:

Put half a cup of butter in a cup of cold water over the fire, and when it reaches the boiling point add a cupful of sifted flour and cook, stirring until a smooth mass that leaves the sides of the saucepan results. Cool a little and then add two or three eggs, unbeaten. One at a time, beating the mixture well after each addition. Add a teaspoonful of sugar and a pinch of salt if desired. Drop the mixture in spoonfuls on a buttered tin for small cream puffs, or bake in buttered muffin time if desired for large puffs.

For chocolate eclairs bake the above mixture in pans sold for eclairs. Fill the pans only slightly.

The filling for cream puffs and chocolate eclairs is a thick custard. One way to make it is to mix together two heaping tablespoonsful of flour and a scant cup of sugar, and to add it with a beaten egg to a pint of hot milk. Cook until thick and smooth, add flavoring, cool, and then fill the puffs or eclairs, either through a hole in the side or by breaking them half open.

For eclairs cover the tops with icing of some sort. Chocolate and coffee are the two kinds most used.

Cream puff shells can be filled with preserved fruit and served with a little whipped cream.

Sweetened whipped cream makes an admirable filling for the puffs instead of custard.

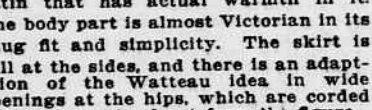
A fruit whip can be used for filling puffs shells. Beat the whites of eggs until dry, add sugar, and beat in fruit pulp and juice. Oranges, prunes or grape juice can be used in this way with especially good results.

Either cream puff shells or eclair shells can be filled just at the moment of serving with vanilla ice cream and then served with a hot chocolate sauce.

We want every housewife in Washington and vicinity to know the leading brand of America's Oldest Coffee House—established in 1796.

VICTOR COFFEE

Which Bears This Horse and Chariot Trade-Mark.



While leading grocers hereabouts sell VICTOR, we will send sample on postal request, giving us your name and address. Be so today!

Shapleigh Coffee Co., Importers and Roasters, Boston, Mass.

R. B. Barnshaw & Bro., Wholesale Distributors at Washington.

CAT'S PAW RUBBER HEELS

Be Careful

to guard against the dangers of slipping—wear Cat's Paw heels, because of the patented Foster Friction Plug, slipping is prevented. Slipping and tripping are the primary cause of most fatalities. A mere fall may not hurt you, but there's the danger of being run over by a passing auto, a truck or street car.

Be Sure Footed

Men and women in work shops find Cat's Paw heels almost essential. They know the great danger of slipping where machinery is in operation. Many missing fingers, taken off by cog wheels, are the result of slipping.

Cat's Paw heels are clean. No holes to fill up with mud and dirt to be tracked into the house. They wear longer—so are most economical.

50c black, white and tan. For men, women or children.

THE FOSTER RUBBER CO.

105 Federal Street, Boston, Mass.

Originators and Patrons of the Foster Friction Plug, which prevents slipping.

Do you have worn out shoes? Then you need the Foster Friction Plug. It gives your shoes a new lease of life. It is a small, round, rubber plug, which is inserted in the sole of the shoe. It is made of a special rubber, which is not affected by heat or cold. It is also very durable, and will last for a long time. It is a great help to you, and it is a great help to your shoes. Get it today!

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LITTLE STORIES & BEDTIME

BY THORNTON W. BURGESS.

(Copyright, 1916, by T. W. Burgess.)

Farmer Brown's Boy Digs a Pit.

It happened in the middle of the summer that Farmer Brown's boy one day took his shovel and dug in one corner of the garden started to dig. It was in a corner where nothing was planted, because right in that particular place the soil was so sandy that nothing worth while would grow. So it was a good place to make the pit which Farmer Brown's boy had made up his mind to dig. A pit, you know,

is a hole straight down in the ground. And this was a good place for a pit because it was out of the way, a place of no use for any other purpose, and at the same time was right where the pit could be of the most service.

You see, Farmer Brown's boy was going to dig that pit for a purpose. It was to be what Farmer Brown calls a

compost pit. You all know that the little plants draw their food from the earth. If the earth has no food in it, the plants cannot grow any more than we can grow without eating. The food which the plants need, and which their roots take from the earth, is largely composed of very fine particles of vegetable matter which has rotted away. It is this which gives color to soil and makes it black and what Farmer Brown would call rich. When you dig pure sand there is none of this matter mixed with it, and that is why plants cannot grow.

Now in this pit which Farmer Brown's boy had started out to dig he meant to help Old Mother Nature make a lot of food for the plants that he might use next spring to make the plants of his garden grow. In that pit which he had dug he would mix all sorts of things that would rot and so make food for the plants. Such a pile rotted away is called compost, and this was to be a compost pit. You see, Farmer Brown's boy believes in being prepared, and he was already making plans for next year's garden when he had dug the first garden anywhere around.

So as he dug that pit he whistled. He says it is always easier to work if you whistle at the same time. First, he marked off a circle, and then he dug and dug and dug, throwing out the sand in a pile on one side. By and by that hole was so deep that only Farmer Brown's boy's head appeared above the ground. Still he kept on working, and at last only the very top of his head could be seen. That pit

was now so deep that it was hard work to throw the sand out. "I guess it is deep enough," said Farmer Brown's boy, stopping to rest. "I'll make the sides nice and straight and smooth and then I guess it will be done."

So after a while he smoothed the sides with his shovel, and when he had finished he had a pit with sides perfectly straight up and down, and almost six feet deep. In fact, it was so deep that he had to rest his shovel against the smooth wall and climb up on that in order to get out.

If anybody tumbled in there they won't get out in a hurry," said he as he looked down into it. "They would need wings to get out. It is too deep to jump out of, and they couldn't climb those steep sandy walls. I guess I'll have to keep an eye on this to see that no one gets caught in it."

Of course he meant his little friends of the Green Meadows and the Green Forest. You see he knew that many of them often visited his garden, and it might be that not knowing that the pit was there one of them would carelessly tumble in. With his shovel over one shoulder and whistling merrily, he tramped home. When he had gone the garden was just as before save that down in that far corner was the great pit he had dug. But of this none of the little people knew. Sammy Jay knew. Sammy had watched Farmer Brown's boy dig, and then he said nothing about it. He was puzzled, and in his shrewd way he kept thinking and thinking the matter over and trying to decide what it could be for. At last, because he could think of no other use for it, he made up his mind that it must be a kind of trap. And yet he

didn't like to think this, for he had come to think a great deal of Farmer Brown's boy, and to look on him as a friend. So he made up his mind to keep his tongue still and wait and watch. Time would tell.

No philosopher can give a reason for half that he thinks.

Cleanliness Prevents Disease

The only hygienic way of washing clothes is by BOILING them.

VAN'S NORUB is with-out equal for washing ALL clothes hygienically clean, sweet-smelling and sanitary. NO RUBBING REQUIRED

5c & 10c. Dealers: H. S. GORR, Local Representative, North and Greenmont Aves., Baltimore, Md.

VAN'S NORUB

MEANS NO RUBBING. WHY DO YOU BOIL?

VAN'S NORUB

Hecht & Co.

Sole Washington Representatives for the Hardman Piano.

The Favorite of Caruso.

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VAN'S NORUB

MEANS NO RUBBING. WHY DO YOU BOIL?

VAN'S NORUB

Seventh Street Near F

This Week--Exploiting Bedroom Furniture

Rugs!

For the Bedroom

NEW BRUSSELS RUGS, room size, 9x12 \$11.85

NEW AXMINSTER RUGS, room size, 9x12 \$18.45

Velvet Rugs, size 22x34 in. \$1.39

AXMINSTER RUGS, size 36x63 in. \$2.89

Nine-wire Wool Brussels Carpet, yd. 79c

Warm Bedwear For These Frosty A.M.'s and P.M.'s

\$7 Wool Plaid Blankets

Double-bed size, extra heavy, all wool, with a soft nap. Combination of pink and blue and red and black...

White Wool Blankets

Finished with deep silk bindings of pink or blue, with borders to match. Extra heavy and full size.

\$2.25 Cotton Filled Comforts

Double-bed size, heavy and warm. Attractive patterns; in all colors...

89c Bed Sheets

Bleached Muslin Bed Sheets; double-bed size; 81x96 inches, 69c and seamless...

20c Pillowcases

Bleached Muslin Pillowcases; size 42x36 inches. Finished with deep hems...

Plaid Wool-Nap Blankets

Heavy grade, double-bed size, in pink, blue, tan and gray combinations...

Through These Shutters

May Be Heard

All the Music

of All the World

And these same tone shutters will be found on all Columbia Gramophones, regardless of price—for they are the conveyors of all that perfect tone reproduction which marks the COLUMBIA as the talking machine supreme.

Two popular models are shown. The \$75 model